



Ron Flowers

Staff Instructor

Ron Flowers started in policing in 1990, and retired from the City of Allentown, PA, as the Lieutenant in charge of the Allentown Police Academy, with a regional responsibility for municipal police officer training in SE Pennsylvania. During his career he served in Patrol, Narcotics, and Criminal Investigations. He also served on two federal task forces as a Task Force Officer with the DEA and later the FBI. He also served as a Supervisor in the above units, as well as Uniformed Patrol.



After retirement, Ron served as an armed DoD contractor (LEP; Law Enforcement Professional) to Operation Enduring Freedom for three years, assisting the US Army in counter-insurgency efforts with Task Force Paladin and Rule of Law, in Regional Command East and Regional Command West.

After OEF, Ron served as Training Manager of a multi-state private security firm, managing and conducting training in PA, FL, NJ, and NY

Ron has served as a Staff Instructor for the NRA LE Division since 2006, and teaches their Handgun/Shotgun, Patrol Rifle, Tactical Shooting, and Select Fire Instructor curriculum all over the US. He is also the President/CEO of Police Defensive Firearms Training and Citizens Defense Training since 2016.

Ron has over three thousand hours of instructional and operator training hours with some of the best known LE and MIL trainers and lives by an "Always a Student" philosophy. He is a Life Member of the NRA, and a member of IALEFI and ILEETA.